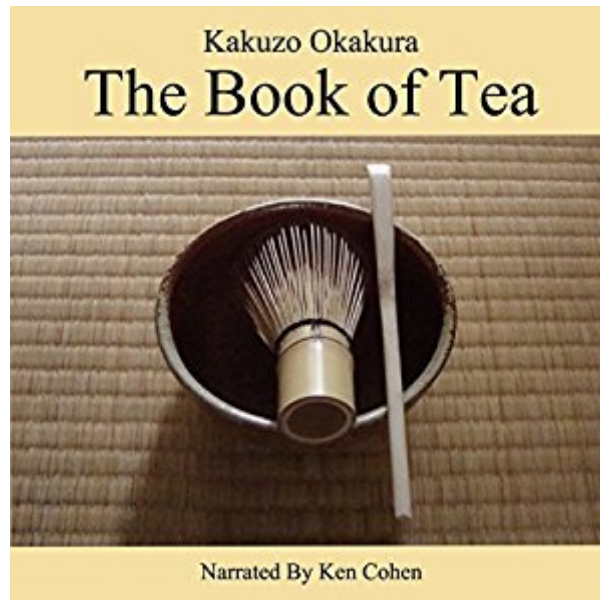


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# The Book Of Tea



## Synopsis

The Book of Tea is much more than a book about tea. It's a celebration of the arts and culture of Japan, and a portrait of tea ceremony, the "Way of Tea", as the pinnacle of Japanese spirituality and artistic life. Written in 1906 by Kakuzo Okakura, curator of Chinese and Japanese Art at the Boston Museum of Fine Arts and a noted scholar and art critic, this modern classic traces the history of tea from its early medicinal uses in China, through the development of Chinese tea culture, and finally to the role of tea in Japanese Zen, culture, and politics. In the process, Okakura weaves together the philosophies, myths, history, and poetry of China and Japan. He introduces us to tea masters, emperors, and warlords, and brings us an appreciation of the transient beauty of life that is at the heart of Japanese artistic ideals. Okakura wrote The Book of Tea in English, and his elegant prose mirrors the refined artistry of the Japanese tea ceremony. Narrated by Ken Cohen, himself a student and practitioner of tea ceremony in the Urasenke tradition, this audiobook captures Okakura's vision of how "Teaism" can transform us and the way we see ourselves and our world.

## Book Information

Audible Audio Edition

Listening Length: 2 hours and 2 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Listen2aBook.com

Audible.com Release Date: December 30, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B019WXBJZA

Best Sellers Rank: #56 in Books > Audible Audiobooks > Language Instruction > Other

Languages #854 in Books > Reference > Foreign Language Study & Reference > Instruction

## Customer Reviews

Kakuzo Okakura (1862-1919) was born in a Japan that had seen Commodore Perry but had not yet renounced the Shogunate. By the end of his life he had seen the Great War and Japan's first imperialistic military adventures in Korea and Manchuria that would culminate in the tragedy of the Second World War. The scion of Japanese aristocracy, Okakura chose to spend the latter half of his life as an expatriate living in Boston, Massachusetts, where he befriended the Brahmins of that city.

THE BOOK OF TEA was written in this period, sometime in the nineteen-oh-ohs. Written for an American audience, it eloquently introduced the Boston bluebloods to an idealized vision of Japan, the Japan of cherry blossoms, kakemono, and Chanoyu, the Tea Ceremony. Reading THE BOOK OF TEA, one realizes that Okakura was not "selling" Japan to the West. THE BOOK OF TEA does not engage in any lacquer-box hucksterism. Rather, THE BOOK OF TEA is his paean to and his lament for a Japan of the virtues that was all-too-rapidly being consumed by Occidentally-intoxicated militarists and industrialists. THE BOOK OF TEA was written to banish the soot-stained chrysanthemums of Okakura's deepest nightmares. Although this reviewer came to THE BOOK OF TEA expecting a manual on the Tea Ceremony, this book is nowhere so vulgar as that. Yes, a manual on the highly stylized Chanoyu has its place, but its place is nowhere without this book which penetrates to the heart and soul of the ceremony. This reviewer can honestly say that THE BOOK OF TEA provided him with comprehension, a deeper insight, and a first true appreciation for Japanese art forms, so different than the European. In its simplicity and its elegance, the Tea Ceremony is a form of Zen practice.

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